

## Pole Vault GP Tallinn

02.01.2023 at 11:00 in Lasnamäe Indoor Arena (Punane street 45. Tallinn).

EVENTS: pole vault  
shot put  
150 m  
60 m hurdles

AGE GROUPS U-14 boys and girls born in 2010 - 2011  
U-16 boys and girls born in 2008 - 2009  
U-18 boys and girls born in 2006 - 2007  
U-20 boys and girls born in 2004 - 2005  
MEN/WOMEN born in 2003 or earlier

ENTRIES All entries must be received by December 22th by e-mail  
[sk.kivilind@mail.ee](mailto:sk.kivilind@mail.ee)

ENTRY FEE Payment 7 Euros must be paid in cash in the hall, latest 1h before scheduled beginning of event. Later entries double the cost.

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## TIMETABLE

11.00	B U-16	shot put (4,0)	
	B U-14	pole vault	sector B
	G U-14	pole vault	sector A
	M	60m hurdles – heats	
11.10	M U-20	60m hurdles (13.72-9.14-99,1)	
11.25	M U-18	60m hurdles (13.72-9.14-91,4)	
11.40	G U-16	60m hurdles (12.00-8.00-76,2)	
11.50	W U-18	shot put (3,0)	
12.05	M	60m hurdles – final	
12.20	W + W U-20	60m hurdles – heats	
12.40	G U-14	60m hurdles (12.00-7.50-68,0)	
12.45	M U-20	shot put (6,0)	
	B U-16	pole vault	sector A
13.05	B U-14	60m hurdles (12.50-8.00-68,0)	
13.20	W + W U-20	pole vault	sector B
13.30	W + W U-20	60m hurdles – final	
	G U-16	shot put (3.0)	
13.45	W U-18	60m hurdles (13.00-8,50-76,2)	
14.00	B U-16	60m hurdles (13.00-8.50-83,8)	
14.20	G U-14	150m	
14.30	W + W U-20	shot put	
14.45	B U-14	150m	
	M + M U-20	pole vault	sector A (starting at 2.85)
	M + M U-20	pole vault	sector B (starting at 4.45)
15.00	M U-18	shot put (5,0)	
15.10	W U-18	150m	
15.35	G U-14	shot put (2,0)	
	G U-16	150m	
16.00	B U-16	150m	
16.25	M	shot put	
	W U-20	150m	
	W U-18 + U-16	pole vault	sector A
	M U-18	pole vault	sector B
16.45	W	150m	
17.05	M U-20	150m	
17.15	B U-14	shot put (3,0)	
17.25	M	150m	
17.45	M U-18	150m	

## Pole Vault bar:

G U-14 1.45-1.65-1.85-2.05-2.15-2.25-2.35- .....

G U-16 1.85-2.05-2.25-2.45-2.55-2.65-2.75-2.85-2.95-3.00 .....

W U-18 2.05-2.25-2.45-2.65-2.75-2.85-2.95-3.05-3.15-3.25-3.30 .....

W U-20 2.25-2.45-2.65-2.85-2.95-3.05-3.15-3.25-3.35-3.45-3.50 .....

W 2.25-2.45-2.65-2.85-2.95-3.05-3.15-3.25-3.35-3.45-3.50.....

B U-14 1.45-1.65-1.85-2.05-2.15-2.25-2.35- .....

B U-16 2.25-2.45-2.65-2.85-3.05-3.25-3.35-3.45-3.55-3.65-3.75-3.80 .....

M U-18 2.45-2.65-2.85-3.05-3.25-3.45-3.65-3.75-3.85-3.95-4.05-4.15-4.25-4.30 ...

M U-20 2.85-3.05-3.25-3.45-3.65-3.85-4.05-4.25-4.35-4.45-4.55-4.65-4.70 .....

M 3.25-3.45-3.65-3.85-4.05-4.25-4.45-4.55-4.65-4.75-4.85-4.95-5.00...