

# ESTOHAMMER JÜRI TAMM CUP 2023

## **Purpose and tasks:**

Promote Hammer throw.

## **Time and place:**

Competitions will be held on October 28, 2023 starting at 10:00 in the Niidupargi Stadium in Pärnu

## **Participants:**

Competitions are individual.

WM 2000 and older W 4kg M 7,260kg

U 23 2001-2003 W 4kg M 7,260kg

U 20 2004-2005 G 4kg B 6kg

U 18 2006-2007 G 3kg B 5kg

U 16 2008-2009 G 3kg B 4kg

U 14 2010-2011 G 2kg B 3kg

U 12 2012-2013 G 1kg B 2kg

## **Awarding:**

Three of the best in each age group will be honored:

1st place: J.Tamm cup and diploma, 2nd and 3rd place J.Tamm diploma.

Special awards from sponsors.

**Registration:** Registration of competitors will take place until 20.10.23.

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## **Financial conditions**

Travels paid by each federation for their own costs.

Accommodation and catering each federation for their own costs.

**Head referee:** Mihkel Lembit

## **Jüri Tamm Cup 2023 Time table**

10.00 U 12 G B hammer throw

11.00 U 14 G B hammer throw

12.00 U 16 G B hammer throw

13.00 U 18 G B hammer throw

14.00 U 20 G B hammer throw

16.00 M W U 23 hammer throw

17.30 Awards